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Adulting: How To Become A Grown-up In 468 Easy(ish) Steps



Synopsis

If you graduated from college but still feel like a student...if you wear a business suit to job interviews but pajamas to the grocery store...if you have your own apartment but no idea how to cook or clean...it's OK. But it doesn't have to be this way.

Book Information

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Customer Reviews

Ok, so I want to address some of the negative reviews I've seen of this book. Things like, "Do you really need someone to tell you what cleaning supplies to buy?" And the answer is no, but there are so many other helpful things. I would have never thought to have a spare toothbrush on hand for when people stay at my house, but that is a great, grown up thing to do. I also love the way Kelly prioritizes things, like how to stock a kitchen. Economically, this is not an easy time to be a 20 something. She gives a list showing which kitchen supplies are most necessary to least necessary, and it makes figuring out how to stock a kitchen less overwhelming. The thing is, if you've been an adult for 10 plus years, I can see how it makes us sound stupid to not know how to do the things you do everyday. But with culture changing, more and more young people are moving into the adult world as singles. We don't have the support, financially or emotionally, of a significant other (or parents for many of us), nor do we have the option of being home and figuring out 'home-stuff' while our significant other works. We have a lot to learn in a lot of different areas of life, and we have to figure it all out quickly and at the same time. We are more than capable of doing this, but having

resources like 'Adulting' speeds up the process exponentially, and helps us to organize all of the things we need to learn. A theme of this book is kindness and graciousness toward others, and I would encourage those who have been adults for a long time to interact with those of us just becoming adults with kindness and grace.

Love her approach to the concept of adulthood!. Ms. Brown does a fine job of explaining why she thinks the world adult and the becoming an adult is a verb-ongoing and never really done. The conversational tone is a relief from my college textbooks. She is authentic, down-to-earth, smart, and hilarious. There are a handful of helpful tips that will enable you to be more cognizant around your peers and professionals. Highly recommend it!

Overall, the book was okay. It mostly consisted of common sense tips and generic advice. I did find a couple of the tips to be useful, and I enjoyed the humor sprinkled throughout, but it really just covered things that most 20-somethings already know. However, it might be a worthwhile read for high school seniors or college freshmen.

I would love this ... but I found the F-bombs to be unnecessary. I get that the author was trying to be edgy and relate, but there are other ways. The info is great, well-written, fun read. That's my only complaint.

The advice in this book is excellent. Don't skip anything: read it cover to cover. Downside: it is definitely aimed at the ladies. There is much advice that doesn't apply to men at all, and no advice that only applies to men. I hope there's a second edition that adds a more gender-balanced perspective.

Her language might jar a few people, but Kelly Williams Brown is an enchanting, powerful and thoughtful writer. She is the type of real person with whom the reader can identify.

I bought this book as a Christmas gift for my 20 year old daughter, but before giving it to her, I wanted to take a look through it and see just what the advice was like. I ended up reading the entire thing. First of all, Kelly Williams Brown strikes all the right humorous notes. I laughed out loud several times and nodded in commiseration several more as her experiences mirrored my own. But was the advice worth it? I think so. Sure, you might be too far along the pike to benefit from some of

it. Some of it is complete common sense (i.e. buy toilet paper in bulk -- the use/age graph on this is priceless!). But it never hurts to read it or hear it aloud at least one time. And some of the things she covered are issues I still have trouble with and I'm easily old enough to be the author's mom. I will indeed give this book to my daughter and hope she actually finds time to read it and absorb some of the great stuff although I hope she doesn't drink as much or have as much unmarried sex as the book allows. But if she does decide to start drinking and screwing around, the book offers some pretty good guidelines on how to do such in an adult fashion. Still I hope she spends more time on the chapter about financial responsibility. Great job, Kelly. Now if you can hurry up and turn 60, I need a book on Senioring.

This book is so funny and on point. I plan on sending it as a gift to a lot of my twenty something friends although I think it has information that applies to just about every age.

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